

GMRS Frequencies & Channels Guide

<https://jamesburnett.net/>

FRS/GMRS				GMRS			
CHAN	FREQ (MHz)	POWER	NOTES	CHAN	FREQ (MHz)	POWER	NOTES
1	462.5625	5W	Shared w/ FRS	15	462.5500	50W	Main GMRS
2	462.5875	5W	Shared w/ FRS	16	462.5750	50W	Main GMRS
3	462.6125	5W	Shared w/ FRS	17	462.6000	50W	Main GMRS
4	462.6375	5W	Shared w/ FRS	18	462.6250	50W	Main GMRS
5	462.6625	5W	Shared w/ FRS	19	462.6500	50W	Main GMRS
6	462.6875	5W	Shared w/ FRS	20	462.6750	50W	Main GMRS
7	462.7125	5W	Shared w/ FRS	21	462.7000	50W	Main GMRS
LOW POWER				22	462.7250	50W	Main GMRS
				REPEATERS			
				CHAN	FREQ (MHz)	POWER	NOTES
				23	462.5500	50W	(REPEATER 1)
				24	462.5750	50W	(REPEATER 2)
				25	462.6000	50W	(REPEATER 3)
				26	462.6250	50W	(REPEATER 4)
				27	462.6500	50W	(REPEATER 5)
				28	462.6750	50W	(REPEATER 6)
				29	462.7000	50W	(REPEATER 7)
30	462.7250	50W	(REPEATER 8)				
8	467.5625	0.5W	(FRS primary)				
9	467.5875	0.5W	(FRS primary)				
10	467.6125	0.5W	(FRS primary)				
11	467.6375	0.5W	(FRS primary)				
12	467.6625	0.5W	(FRS primary)				
13	467.6875	0.5W	(FRS primary)				
14	467.7125	0.5W	(FRS primary)				